HELP KEEP HARROLD CENTRE COVID-19 SECURE.

These are healthy guidelines only

1. Please do not enter if you, or anyone in your household, has COVID-19

Symptoms.

2. Try to maintain 2 metres social distancing as far as possible.

-Take turns to use confined spaces such as corridors, kitchen and toilet areas.

-Standing or sitting next to someone is lower risk than opposite them. Briefly passing

another person in a confined space is low risk.

3. Good hygiene.

-Use the hand sanitiser provided on entering the premises. Clean your hands often.

Soap and paper towels are provided.

- “Catch it, Bin it, Kill it”. Tissues should be disposed of into one of the rubbish bags

provided. Then wash your hands.

-Avoid touching your face, nose, or eyes. Clean your hands if you do.

4. Individual risk assessment- it is now up to you to decide on risk

-Face coverings do not need to be worn but you are very welcome to wear them

5.Keep the hall well ventilated. Close doors and windows on leaving.